



Canadian School of Natural Nutrition
TEACHING THE MEDICINE OF THE FUTURE™

INTRODUCTION TO NATURAL NUTRITION PROGRAM

Option 1: September 7, 2019 to October 12, 2019

Wednesday Night/Saturday Day Group – Room 101

Course Name	Session	Date	Time
Fundamentals of Nutrition I	1	Saturday, September 7	9:30 a.m. - 1 p.m.
	2	Wednesday, September 11	6:30 p.m. - 10 p.m.
	3	Saturday, September 14	9:30 a.m. - 1 p.m.
	4	Saturday, September 14	2 p.m. - 5:30 p.m.
	5	Wednesday, September 18	6:30 p.m. - 10 p.m.
	6	Saturday, September 21	9:30 a.m. - 1 p.m.
	7	Wednesday, September 25	6:30 p.m. - 10 p.m.
Fundamentals of Nutrition II	1	Saturday, September 28	9:30 a.m. - 1 p.m.
	2	Wednesday, October 2	6:30 p.m. - 10 p.m.
	3	Saturday, October 5	9:30 a.m. - 1 p.m.
	4	Wednesday, October 9	6:30 p.m. - 10 p.m.
	5	Saturday, October 12	9:30 a.m. - 1 p.m.

OR

Option 2: September 6, 2019 to November 15, 2019

Friday Day Group – Room 100

Course Name	Session	Date	Time
Fundamentals of Nutrition I	1	Friday, September 6	2 p.m. - 5:30 p.m.
	2	Friday, September 13	9:30 a.m. - 1 p.m.
	3	Friday, September 20	9:30 a.m. - 1 p.m.
	4	Friday, September 20	2 p.m. - 5:30 p.m.
	5	Friday, September 27	9:30 a.m. - 1 p.m.
	6	Friday, October 4	9:30 a.m. - 1 p.m.
	7	Friday, October 11	9:30 a.m. - 1 p.m.
Fundamentals of Nutrition II	1	Friday, October 18	9:30 a.m. - 1 p.m.
	2	Friday, October 25	9:30 a.m. - 1 p.m.
	3	Friday, November 1	9:30 a.m. - 1 p.m.
	4	Friday, November 8	9:30 a.m. - 1 p.m.
	5	Friday, November 15	9:30 a.m. - 1 p.m.