

## Continuing Education Units

| Workshop      |  | CEUs |
|---------------|--|------|
| <b>AN101A</b> | Immunology   | 4.5  |
| <b>AN102</b>  | Nutrition and Mental Health (Part 1): Mood Disorders                   | 3.5  |
| <b>AN103</b>  | Nutrition and Mental Health (Part 2): Alzheimer's Disease              | 3.0  |
| <b>AN104</b>  | Advanced Pathology and Nutrition (Part 1)                              | 6.5  |
| <b>AN105</b>  | Advanced Pathology and Nutrition (Part 2)                              | 8.5  |
| <b>AN106</b>  | Introduction to Herbs  | 9.0  |
| <b>AN107</b>  | Ayurveda   | 3.5  |
| <b>AN108</b>  | Nutrition and Athletic Performance                                     | 5.5  |
| <b>AN109</b>  | Laboratory Diagnosis and Tests   | 4.5  |
| <b>AN110</b>  | Nutrition and Pharmacology   | 4.5  |
| <b>AN111</b>  | Understanding Breast Cancer  | 3.5  |
| <b>AN112</b>  | Aromatherapy and Bach Flower Remedies                                  | 3.0  |
| <b>AN115</b>  | An Advanced Course in Detoxification                                   | 3.0  |
| <b>AN116</b>  | Professional Self-Development  | 2.0  |
| <b>AN117</b>  | Introduction to Homeopathy   | 3.0  |
| <b>AN118</b>  | Safe and Effective Supplementation                                     | 3.5  |
| <b>AN119</b>  | Mindfulness and the Neuropsychoneuroendocrinology of Regulating Eating | 5.0  |