



# CANADIAN SCHOOL OF NATURAL NUTRITION

Natural Nutrition (NN) Single Courses Registration Form

**Branch: CSNN Ottawa – January 2020 to June 2020**

## APPLICANT TO COMPLETE

Name:			
Address:			
City:	Province:	Postal Code:	
Telephone (H):	(C):	(W):	
Email:			SIN # (if applicable*):

\*CSNN provides T2202 tax receipts for courses that are at least 12 hours in length in a month and are provided over at least 3 consecutive weeks. Revenue Canada requires SIN number to be included on the tax receipts. For further information, contact CRA at 1-800-954-8281. CSNN will keep your SIN number private and safe. For courses that do not qualify for T2202, an internal CSNN receipt will be given.

### REGISTRATION IS DUE 14 DAYS PRIOR TO THE START OF CLASS

<b>Check Desired Course(es):</b>	<p><b>NN110B Lifecycle Nutrition – Sports</b> Hours: 12.0</p> <p>This course provides scientifically-based, well-researched information on the relationship between nutrition and sports performance. It covers topics such as how food is used for energy, the importance of each macronutrient (carbohydrates, protein, and fat) in fueling an athlete, proper hydration, sports supplements, and ergogenic aids, as well as how to calculate optimal caloric and macronutrient requirements specific to individual athletes and their goals. In addition, recommendations for vegetarian, female, younger, older, and competitive athletes, respectively, will be discussed.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Daytime: January 27, 29, 31 &amp; February 3, 2020 10:00 a.m.-1:00 p.m.</li> <li><input type="checkbox"/> Daytime: April 16, 17, 21 &amp; 23, 2020 10:00 a.m.-1:00 p.m.</li> <li><input type="checkbox"/> Evening: February 19, 24, 26 &amp; March 2, 2020 6:00-9:00 p.m.</li> </ul>	<table border="1"> <tr> <td><b>Tuition:</b> <i>Tuition tax receipts may be issued.</i></td> <td>\$282.00 + taxes = \$318.66</td> </tr> <tr> <td><b>Material fee(s):</b></td> <td>\$37.00 + GST = \$38.85</td> </tr> <tr> <td><b>TOTAL (including taxes):</b></td> <td>\$357.51</td> </tr> </table>	<b>Tuition:</b> <i>Tuition tax receipts may be issued.</i>	\$282.00 + taxes = \$318.66	<b>Material fee(s):</b>	\$37.00 + GST = \$38.85	<b>TOTAL (including taxes):</b>	\$357.51
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<b>TOTAL (including taxes):</b>	\$357.51							
<p><b>NN110C Lifecycle Nutrition – Perspectives on Aging</b> Hours: 9.0</p> <p>This course presents well researched information designed to teach us how to live extended and fulfilling lives. Specifically, it emphasizes 3 tools known to promote longevity and health: (1) a simple, wholesome diet, (2) a daily exercise routine, and (3) the cultivation of strong, loving personal relationships.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Daytime: January 17, 20 &amp; 22, 2020 10:00 a.m.-1:00 p.m.</li> <li><input type="checkbox"/> Daytime: April 30, May 1 &amp; 5, 2020 10:00 a.m.-1:00 p.m.</li> <li><input type="checkbox"/> Evening: March 23, 25 &amp; 30, 2020 6:00-9:00 p.m.</li> </ul>	<table border="1"> <tr> <td><b>Tuition:</b> <i>Tuition tax receipts may be issued.</i></td> <td>\$211.00 + taxes = \$238.43</td> </tr> <tr> <td><b>Material fee(s):</b></td> <td>\$34.25 + GST = \$35.96</td> </tr> <tr> <td><b>TOTAL (including taxes):</b></td> <td>\$274.39</td> </tr> </table>	<b>Tuition:</b> <i>Tuition tax receipts may be issued.</i>	\$211.00 + taxes = \$238.43	<b>Material fee(s):</b>	\$34.25 + GST = \$35.96	<b>TOTAL (including taxes):</b>	\$274.39	
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Natural Nutrition (NN) Single Courses Registration Form

Branch: **CSNN Ottawa**

<input type="checkbox"/> Daytime: January 21, 23, 28 & 30, 2020 10:00 a.m.-1:00 p.m.  <input type="checkbox"/> Evening: TBD – January 2021	<b>NN111 Eco-Nutrition</b> Hours: 12.0 Eco-Nutrition explores the facts about metal and other elements in food, air and water and their effect on our health. Students gain insight into both the major causes of pollution and the existing threats to both the Earth's and human immune systems. Students learn to make food choices that are wholesome and safe for everyone.	<table border="1"> <tr> <td><b>Tuition:</b> <i>Tuition tax receipts may be issued.</i></td> <td>\$282.00 + taxes = \$318.66</td> </tr> <tr> <td><b>Material fee(s):</b></td> <td>\$21.00 + GST = \$22.05</td> </tr> <tr> <td><b>TOTAL (including taxes):</b></td> <td>\$340.71</td> </tr> </table>	<b>Tuition:</b> <i>Tuition tax receipts may be issued.</i>	\$282.00 + taxes = \$318.66	<b>Material fee(s):</b>	\$21.00 + GST = \$22.05	<b>TOTAL (including taxes):</b>	\$340.71
	<b>Tuition:</b> <i>Tuition tax receipts may be issued.</i>	\$282.00 + taxes = \$318.66						
<b>Material fee(s):</b>	\$21.00 + GST = \$22.05							
<b>TOTAL (including taxes):</b>	\$340.71							
<input type="checkbox"/> Daytime: June 11, 12, 16, 18 & 23, 2020 10:00 a.m.-1:00 p.m.  <input type="checkbox"/> Evening: TBD – June 2021	<b>NN115 Introduction to the Practical Use of Herbs</b> Hours: 14.0 This general interest course is designed to (1) introduce the therapeutic use of plant medicine; (2) discuss common local medicinal and kitchen, culinary herbs for common health issues, and how herbal medicine can be considered preventative medicine; (3) learn about harvesting, and herbal medicine-making techniques, and the importance of sustainable practices for the health of our planet; (4) explain how to prepare teas and some topical applications for common use.	<table border="1"> <tr> <td><b>Tuition:</b> <i>Tuition tax receipts may be issued.</i></td> <td>\$328.50 + taxes = \$371.21</td> </tr> <tr> <td><b>Material fee(s):</b></td> <td>\$22.00 + GST = \$23.10</td> </tr> <tr> <td><b>TOTAL (including taxes):</b></td> <td>\$394.31</td> </tr> </table>	<b>Tuition:</b> <i>Tuition tax receipts may be issued.</i>	\$328.50 + taxes = \$371.21	<b>Material fee(s):</b>	\$22.00 + GST = \$23.10	<b>TOTAL (including taxes):</b>	\$394.31
	<b>Tuition:</b> <i>Tuition tax receipts may be issued.</i>	\$328.50 + taxes = \$371.21						
<b>Material fee(s):</b>	\$22.00 + GST = \$23.10							
<b>TOTAL (including taxes):</b>	\$394.31							

## PAYMENT AND ACCEPTANCE – Please read the following prior to signing this contract

**WITHDRAW & REFUND POLICY:** If the applicant terminates registration at least 7 days prior to the course commencement date, a full refund will be issued. If registration is terminated by the applicant less than 7 days before or after the course start date, the applicant will be refunded all tuition paid less a withdrawal fee of \$50+HST. If CSNN cancels a course for any reason, all paid fees will be refunded to the applicant.

**RELEASE:** "I hereby release *The Canadian School of Natural Nutrition Inc.* and all branches and affiliations from all claims of damages arising from any accident or injury which is caused by or arises from participation of the applicant named herein, during any program or any facility or any location where a program is held."

**CONFIDENTIALITY AND DISCLOSURE:** Absolutely no part of the contents in the copyrighted publications, course material or teachers notes, may be photocopied or adapted for teaching purposes or shared with anyone not taking the CSNN course. **BREACH OF THESE RESTRICTIONS WILL RESULT IN LEGAL ACTION.**

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

Accepted by: \_\_\_\_\_ Date: \_\_\_\_\_

## BRANCH TO VERIFY AND COMPLETE

Tally up the totals (including taxes) for all Tuition and Materials Fees selected above.

Tuition: <i>Tuition Tax Receipts will be issued</i>	\$
Material Fee(s):	\$
Administration Fee:	\$
<b>TOTAL (including taxes):</b>	<b>\$</b>

**Form Submissions and Inquiries: CSNN Ottawa**  
**613-314-6991 | ottawa@csnn.ca**  
 Mail payment to: 2148 Carling Avenue, Suite 204. Ottawa, ON K2A 1H1