



CANADIAN SCHOOL OF NATURAL NUTRITION
 Course Upgrade Registration Form – Sept 2019 to June 2020
Branch: CSNN Ottawa

APPLICANT TO COMPLETE

Name:			
Address:			
City:	Province:	Postal Code:	
Telephone (H):	(C):	(W):	
Email:			SIN # (if applicable*):

CSNN Graduate – branch: Active CSNN Alumni Association (CSNNAA) Member**

*CSNN provides T2202 tax receipts for workshops that are at least 12 hours in length in a month and are provided over at least 3 consecutive weeks. Revenue Canada requires SIN number to be included on the tax receipts. For further information, contact CRA at 1-800-954-8281. CSNN will keep your SIN number private and safe. For workshops that do not qualify for T2202, an internal CSNN receipt will be given.

REGISTRATION IS DUE 14 DAYS PRIOR TO THE START OF CLASS

Check Desired Course(es):	<p>NN103B Motivational Interview Skills Hours: 10.5 CEUs: 3.0 Association Upgrade Hours (CAHN-Pro & CANNP): 11.5 hours This course introduces students to Motivational Interviewing (MI)—an approach to support clients in achieving positive behaviour change when addressing their health challenges. This course presents the background philosophy and components of Motivational Interviewing and outlines techniques to apply the principles when conducting holistic nutritional consultations. The student will be provided with resources and practice opportunities for integrating MI into the practice of holistic nutrition.</p> <p><input type="checkbox"/> Daytime: November 28, 29 & December 3, 2019 10:00 am – 1:00 pm</p> <p><input type="checkbox"/> Evening: March 4, 9 & 11, 2020 6:00 – 9:00pm</p>	<table border="1"> <tr> <td>Tuition: <i>Tuition tax receipts may be issued.</i></td> <td>\$246.00 + taxes = \$277.98</td> </tr> <tr> <td>Material fee(s):</td> <td>\$49.25 + GST = \$51.70</td> </tr> <tr> <td>TOTAL (including taxes):</td> <td>\$329.68</td> </tr> </table>	Tuition: <i>Tuition tax receipts may be issued.</i>	\$246.00 + taxes = \$277.98	Material fee(s):	\$49.25 + GST = \$51.70	TOTAL (including taxes):	\$329.68
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TOTAL (including taxes):	\$329.68							
<p>NN104A Hormone Health Hours: 18.0 CEUs: 5.5 Association Upgrade Hours (CAHN-Pro & CANNP): 19.0 hours The stress of modern-day life has led to an epidemic of hormonal imbalance resulting in crash diets, sleeping pills, and anxiety medication. This course explains why it is not normal to feel fatigued, anxious, fat, and irritable, and the steps needed to reset your hormones to get back to feeling vibrant and joyful.</p> <p><input type="checkbox"/> Daytime: December 5, 6, 10, 12, 17 & 19, 2019 10:00 am – 1:00 pm</p> <p><input type="checkbox"/> Evening: March 24, 26, April 2, 7, 9 & 16, 2020 6:00 – 9:00 pm</p>	<table border="1"> <tr> <td>Tuition: <i>Tuition tax receipts may be issued.</i></td> <td>\$422.00 + taxes = \$476.86</td> </tr> <tr> <td>Material fee(s):</td> <td>\$26.00 + GST = \$27.30</td> </tr> <tr> <td>TOTAL (including taxes):</td> <td>\$504.16</td> </tr> </table>	Tuition: <i>Tuition tax receipts may be issued.</i>	\$422.00 + taxes = \$476.86	Material fee(s):	\$26.00 + GST = \$27.30	TOTAL (including taxes):	\$504.16	
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TOTAL (including taxes):	\$504.16							
<p>NN107A Biochemistry & Epigenetics Hours: 21.0 CEUs: 6.5 Association Upgrade Hours (CAHN-Pro & CANNP): 22.0 hours This course helps the student to understand the chemical processes that underlie critical biological functions, starting with atomic structure, working through chemical symbols and the periodic table of the elements, and culminating in genetics and epigenetics. It explores the chemistry of living things; the metabolism of carbohydrates, lipids and proteins; and, the biochemical processes of various functions of the human body, including cellular replication, genetic pre-disposition, and the new science of epigenetics that shows how lifestyle and diet can change genetic expression.</p> <p><input type="checkbox"/> Daytime: March 6, 10, 12, 24, 26, 31 & April 2, 2020 10:00 am – 1:00 pm</p> <p><input type="checkbox"/> Evening: TBA – Sept 2020</p>	<table border="1"> <tr> <td>Tuition: <i>Tuition tax receipts may be issued.</i></td> <td>\$492.00 + taxes = \$555.96</td> </tr> <tr> <td>Material fee(s):</td> <td>\$29.50 + GST = \$31.00</td> </tr> <tr> <td>TOTAL (including taxes):</td> <td>\$586.96</td> </tr> </table>	Tuition: <i>Tuition tax receipts may be issued.</i>	\$492.00 + taxes = \$555.96	Material fee(s):	\$29.50 + GST = \$31.00	TOTAL (including taxes):	\$586.96	
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<input type="checkbox"/> Daytime: June 11, 12, 16, 18 & 23, 2020 10:00 am – 1:00 pm <input type="checkbox"/> Evening: TBA – May/June 2021	NN115 Introduction to the Practical Use of Herbs Hours: 14.0 CEUs: 4.0 Association Upgrade Hours (CAHN-Pro & CANNP): 15.0 hours This general interest course is designed to (1) introduce the therapeutic use of plant medicine; (2) discuss common local medicinal and kitchen, culinary herbs for common health issues, and how herbal medicine can be considered preventative medicine; (3) learn about harvesting, and herbal medicine-making techniques, and the importance of sustainable practices for the health of our planet; (4) explain how to prepare teas and some topical applications for common use.						
	<table border="1"> <tr> <td>Tuition: <i>Tuition tax receipts may be issued.</i></td> <td>\$328.50 + taxes = \$371.21</td> </tr> <tr> <td>Material fee(s):</td> <td>\$22.00 + GST = \$23.10</td> </tr> <tr> <td>TOTAL (including taxes):</td> <td>\$394.31</td> </tr> </table>	Tuition: <i>Tuition tax receipts may be issued.</i>	\$328.50 + taxes = \$371.21	Material fee(s):	\$22.00 + GST = \$23.10	TOTAL (including taxes):	\$394.31
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Material fee(s):	\$22.00 + GST = \$23.10						
TOTAL (including taxes):	\$394.31						

**Active CSNNAA members = 10% discount on tuition.

PAYMENT AND ACCEPTANCE – Please read the following prior to signing this contract

WITHDRAW & REFUND POLICY: If the applicant terminates registration at least 7 days prior to the workshop commencement date, a full refund will be issued. If registration is terminated by the applicant less than 7 days before or after the workshop start date, the applicant will be refunded all tuition paid less a withdrawal fee of \$50+HST. If CSNN cancels a workshop for any reason, all paid fees will be refunded to the applicant.

RELEASE: "I hereby release *The Canadian School of Natural Nutrition Inc.* and all branches and affiliations from all claims of damages arising from any accident or injury which is caused by or arises from participation of the applicant named herein, during any program or any facility or any location where a program is held."

CONFIDENTIALITY AND DISCLOSURE: Absolutely no part of the contents in the copyrighted publications, course material or teachers notes, may be photocopied or adapted for teaching purposes or shared with anyone not taking the CSNN workshop. **BREACH OF THESE RESTRICTIONS WILL RESULT IN LEGAL ACTION.**

Signature of Applicant: _____ Date: _____

Accepted by: _____ Date: _____

Form Submissions and Inquiries: CSNN Ottawa
613-314-6991 | ottawa@csnn.ca
 Mail payment to: 2148 Carling Avenue, Suite 204. Ottawa, ON K2A 1H1