



Canadian School of Natural Nutrition
TEACHING THE MEDICINE OF THE FUTURE™

Registered as a private career college under the Private Career Colleges Act, 2005

JOIN CSNN'S HOLISTIC CULINARY CERTIFICATE WORKSHOPS **CSNN METRO TORONTO** via ZOOM

March 9 - May 1, 2021
Weekly Classes

10 Workshops - 3 Hours Each

**Cook along with the instructor from the
comfort of your own kitchen.**

**This series of holistic food preparation
workshops teach basic cooking skills,
techniques, and recipes.**

Everyone is welcome to join!



MEET YOUR INSTRUCTOR - TALIA CHAI, R.H.N.

Talia Chai is a Register Holistic Nutritionist and Plant-Based Chef based in Toronto, a graduate of CSNN and trained at the Natural Gourmet Institute for Healthy and Culinary Arts in New York City. She has been teaching cooking classes for the past 8 years.

CSNN METRO TORONTO

**150 Eglinton Ave. East, Suite 302 (at Yonge St.)
Toronto, ON. M4P 1E8**

toronto@csnn.ca | [416.482.3772](tel:416.482.3772) | csnn.ca/toronto