



CANADIAN SCHOOL OF NATURAL NUTRITION

Holistic Culinary Certificate Class Registration Form – **March 30 – May 8, weekly**

Branch: CSNN METRO TORONTO

This series of holistic food preparation workshop teach basic cooking skills and handy techniques.

- Cook along with the instructor from the comfort & familiar setting of your own kitchen
- Be inspired with these workshops and by fellow participants
- Each class have something to offer for everyone, from beginners to more experienced chefs. Plenty of varieties and discussion to deepen your knowledge and skills in holistic cooking.
- Learn hands on in addition to previous classroom learning so you can share more with your clients.
- Gain insights into foods like grains, legumes, greens, bone broths, and fermented foods to optimize their healing properties and benefits for all ages.
- Each session will provide ideas to further explore and develop recipes for you to adapt to clients' or your own needs to produce better results or express your individuality.

Students who complete all 30 hours of training will receive CSNN's Holistic Culinary Certificate. 10 workshops – 3 hours each – 30 hours total

Instructors

Professional chefs from Ontario and British Columbia

Hosting Branch : All are welcome

CSNN Metro Toronto / 302- 150 Eglinton Ave East Toronto, ON M4P 1E8

Mode of Delivery: Zoom

Enquire at : toronto@csnn.ca

Tel: 416-482-3772

Workshop schedule and Registration form attached

Payment must be received a minimum of 10 days prior to class. All fees are payable via E-transfer to

toronto@csnn.ca

Total cost for certificate / 10 workshops paid at once = **\$678.00 ***

Per workshop fee: **70.06** (62.00 + HST) + Registration fee for each workshop : **5.65** (\$5.00 + HST) = **75.06***

*Active CSNNAA members receive a 10% discount on the workshop fee.



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Please read the following prior to accepting this contract:

WITHDRAW & REFUND POLICY: If the applicant terminates registration at least 7 days prior to the workshop commencement date, a full refund will be issued, less the registration fee. If registration is terminated by the applicant less than 7 days before or after the workshop start date, no refunds will be granted. If CSNN cancels a workshop for any reason, all paid fees will be refunded to the applicant.

RELEASE: "I hereby release The Canadian School of Natural Nutrition Inc. and all branches and affiliations from all claims of damages arising from any accident or injury which is caused by or arises from participation of the applicant named herein, during any program or any facility or any location where a program is held."

CONFIDENTIALITY AND DISCLOSURE: Absolutely no part of the contents in the copyrighted publications, course material or teachers notes, may be photocopied or adapted for teaching purposes or shared with anyone not taking the CSNN workshop. **BREACH OF THESE RESTRICTIONS WILL RESULT IN LEGAL ACTION.**

Waiver, Release, and Assumption of Risk:

In consideration of the opportunity to participate in CSNN Toronto cooking class(es), the receipt and sufficiency which is hereby acknowledged, I hereby agree as follows:

1. I confirm that my participation in the cooking classes is voluntary. I am in good health and suffer from no physical or mental condition that would make me especially susceptible to injury or illness while participating in the cooking classes, except as otherwise disclosed to CSNN Toronto's staff.
2. I understand that: (a) it is my responsibility to inform CSNN Toronto's staff of any allergies and special needs that I may have, prior to my participation in the cooking class(es); (b) culinary activities such as cooking classes at CSNN Toronto have certain risks, dangers and hazards ("Risks") and I assume full responsibility for all such Risks associated there with and for any and all liability, injury, loss or damage which I may suffer or incur or cause to others as a result of my participation in the cooking classes.
3. I hereby waive, release, and forever discharge CSNN Toronto and its affiliated entities, parent companies, subsidiaries, employees, shareholders, officers, directors, managers and insurers (the "Releasees") from any and all claims, actions, damages, liabilities, losses, costs, and expenses (including, without limiting to, solicitor/client fees) for any injuries, losses or damages in any way arising out of my participation in the cooking classes.
4. I agree to defend and indemnify the Releasees from any and all claims of any kind whatsoever and in any way arising out of my participation in the cooking classes.
5. This Waiver shall endure and be binding on my heirs, beneficiaries, personal representatives, and assigns.
6. If any provision of this Waiver is for any reason declared to be invalid or enforceable, the validity and enforceability of the remaining provisions will not be affected. This is a waiver and release of liability. I acknowledge that I have read and understand this document, that I am waiving certain legal rights which I or my heirs, next-of-kin, executors, administrators, assigns, and other representatives may have against CSNN Toronto and that I am providing a release of liability for CSNNToronto and its agents and affiliated entities.

Continue to scroll to fill Registration form below



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APPLICANT TO COMPLETE

Name:			
Address:			
City:	Province:	Postal Code:	
Telephone (H):	(C):	(W):	
Email:	SIN # (if applicable*):		
Allergies and/or Special Needs (if applicable):			
Emergency Contact Name & Phone #:			

*CSNN provides T2202 tax receipts for workshops that are at least 12 hours in length in a month and are provided over at least 3 consecutive weeks. Revenue Canada requires SIN number to be included on the tax receipts. For further information, contact CRA at 1-800-954-8281. CSNN will keep your SIN number private and safe. For workshops that do not qualify for T2202, an internal CSNN receipt will be given.

<p>Check Desired Class(es):</p>	<input type="checkbox"/> Class 1: Kitchen Culture & Knife Skills Tuesday, March 30 th 6:00pm -9:00pm	<input type="checkbox"/> Class 6: Raw Food Fundamentals Tuesday, April 20 th 6:00pm – 9:00pm
	<input type="checkbox"/> Class 2: Eating Plants from Land, Lake & Sea (Full Day Fun) Saturday, April 3 rd 10:00am – 1:30pm	<input type="checkbox"/> Class 7: Alternative Baking & Raw Sweets Tuesday, April 27 th 6:00pm – 9:00pm
	<input type="checkbox"/> Class 3: Ancient Grains & Legumes Saturday, April 3 rd 1:30pm – 4:30pm	<input type="checkbox"/> Class 8: Restorative Broths & Stews Tuesday, May 4 th 6:00pm – 9:00pm
	<input type="checkbox"/> Class 4: Probiotic Food & Beverages Tuesday, April 6 th 6:00 pm – 9:00pm	<input type="checkbox"/> Class 9: Eating for Sports & Performance (Party all day today!) Saturday, May 8 th 10:00am -1:00pm
	<input type="checkbox"/> Class 5: Meal Planning & Practical Food Preparation Tuesday, April 13 th 6:00pm – 9:00pm	<input type="checkbox"/> Class 10: International Cuisine Saturday, May 8 th 1:30pm – 4:30pm



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PAYMENT AND ACCEPTANCE

REGISTRATION FEE	\$5 + HST = \$5.65 (per workshop)	Classes to be held at: ZOOM <i>Note: Workshop fees are payable via cheque or e-transfer (toronto@csnn.ca)). Payment in full due a minimum of 10 days prior to the scheduled start date.</i>
HOLISTIC CULINARY CERTIFICATE FEE:	\$62 + HST each = \$70.06* (per workshop) (includes course notes)	
GRAND TOTAL:	TOTAL COST FOR CERTIFICATE (10 workshops paid at once) = \$678.00* (Registration fee will be waived for this option) OR Number of workshops _____ x \$75.71* = _____ (includes registration fee per workshop) <i>*Active CSNNAA members receive a 10% discount on the workshop fee</i>	

PLEASE READ THE FOLLOWING PRIOR TO SIGNING THIS CONTRACT (along with the WAIVER on page 2):

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Signature of Applicant: _____

Date: _____

Accepted by: _____

Date: _____