



CANADIAN SCHOOL OF NATURAL NUTRITION

Natural Nutrition (NN) Single Courses Registration Form

Branch: **CSNN Richmond Hill**

APPLICANT TO COMPLETE

Name:			
Address:			
City:	Province:	Postal Code:	
Telephone (H):	(C):	(W):	
Email:			SIN # (if applicable*):

*CSNN provides T2202 tax receipts for courses that are at least 12 hours in length in a month and are provided over at least 3 consecutive weeks. Revenue Canada requires SIN number to be included on the tax receipts. For further information, contact CRA at 1-800-954-8281. CSNN will keep your SIN number private and safe. For courses that do not qualify for T2202, an internal CSNN receipt will be given.

Check Desired Course(es):	<p>NN101A Fundamentals of Nutrition (Part 1) Hours: 21.0</p> <p>The Fundamentals of Nutrition course offers a comprehensive overview of the field of nutrition, which leads to a study and understanding of the link between nutrition and preventive medicine. The course explains the role of macronutrients, vitamins and minerals, and the importance of water in the diet. It describes how certain dietary habits undermine our health and provides suggestions for overcoming these habits. It looks at the effect of pollution on our health and the health of our planet.</p> <p><input type="checkbox"/> Daytime: Mon/Wed 2021 DATE March 24, 29, 31, April 5, 7, 12 TIME 10:00 – 1:30pm</p>	<table border="1"> <tr> <td>Tuition: <i>Tuition tax receipts will be issued.</i></td> <td>\$492.00 + taxes = \$555.96</td> </tr> <tr> <td>Material fee(s):</td> <td>\$40.00 + GST = \$42.00</td> </tr> <tr> <td>TOTAL (including taxes):</td> <td>\$597.96</td> </tr> </table>	Tuition: <i>Tuition tax receipts will be issued.</i>	\$492.00 + taxes = \$555.96	Material fee(s):	\$40.00 + GST = \$42.00	TOTAL (including taxes):	\$597.96
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	Material fee(s):	\$40.00 + GST = \$42.00						
TOTAL (including taxes):	\$597.96							
<p>NN101B Fundamentals of Nutrition (Part 2) Hours: 15.0</p> <p>Through a diet of high nutritional quality, we can support life at every stage. Fundamentals of Nutrition (Part 2) explains the ten key components of a healthy diet and discusses the changing nutritional needs of various age groups during growth and development. Students learn the health benefits of and basic guidelines for fasting and detoxification.</p> <p><input type="checkbox"/> Daytime: Mon/Wed 2021 DATE April 14, 19, 21, 26, 28 TIME 10:00 – 1:00pm</p> <p>**Same materials as NN101A, do not include fee if already purchased NN101A.</p>	<table border="1"> <tr> <td>Tuition: <i>Tuition tax receipts will be issued.</i></td> <td>\$352.00 + taxes = \$397.76</td> </tr> <tr> <td>Material fee(s):</td> <td>\$40.00 + GST = \$42.00**</td> </tr> <tr> <td>TOTAL (including taxes):</td> <td>\$439.76</td> </tr> </table>	Tuition: <i>Tuition tax receipts will be issued.</i>	\$352.00 + taxes = \$397.76	Material fee(s):	\$40.00 + GST = \$42.00**	TOTAL (including taxes):	\$439.76	
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Material fee(s):	\$40.00 + GST = \$42.00**							
TOTAL (including taxes):	\$439.76							
<p>NN102 Anatomy & Physiology Hours: 30.0</p> <p>Anatomy and Physiology gives a general overview of the eleven body systems, explaining the structure and shape of the body and its parts as well as the relationship among them. This course covers the physiological processes by which the eleven systems operate.</p> <p><input type="checkbox"/> Daytime: Mon/Wed 2021 DATE May 3, 5, 10, 12 10:00 – 2:00pm May 17, 19, 24, 26 10:00 – 1:30pm</p>	<table border="1"> <tr> <td>Tuition: <i>Tuition tax receipts will be issued.</i></td> <td>\$703.50 + taxes = \$794.95</td> </tr> <tr> <td>Material fee(s):</td> <td>\$174.00 + GST = \$182.70</td> </tr> <tr> <td>TOTAL (including taxes):</td> <td>\$977.65</td> </tr> </table>	Tuition: <i>Tuition tax receipts will be issued.</i>	\$703.50 + taxes = \$794.95	Material fee(s):	\$174.00 + GST = \$182.70	TOTAL (including taxes):	\$977.65	
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NN110B Lifecycle Nutrition – Sports Hours: 12.0

This course provides scientifically-based, well-researched information on the relationship between nutrition and sports performance. It covers topics such as how food is used for energy, the importance of each macronutrient (carbohydrates, protein, and fat) in fueling an athlete, proper hydration, sports supplements, and ergogenic aids, as well as how to calculate optimal caloric and macronutrient requirements specific to individual athletes and their goals. In addition, recommendations for vegetarian, female, younger, older, and competitive athletes, respectively, will be discussed.

- Daytime: Mon/Wed
DATE Jan 26, 31, Feb 2, 7
TIME 10:00 – 1:00pm

Tuition: <i>Tuition tax receipts will be issued.</i>	\$282.00 + taxes = \$318.66
Material fee(s):	\$37.00 + GST = \$38.85
TOTAL (including taxes):	\$357.51

NN110C Lifecycle Nutrition – Perspectives on Aging Hours: 9.0

This course presents well researched information designed to teach us how to live extended and fulfilling lives. Specifically, it emphasizes 3 tools known to promote longevity and health: (1) a simple, wholesome diet, (2) a daily exercise routine, and (3) the cultivation of strong, loving personal relationships.

- Daytime: Mon/Wed
DATE Dec 15, Jan 5, 10
TIME 10:00 – 1:00pm

Tuition: <i>Tuition tax receipts will be issued.</i>	\$211.00 + taxes = \$238.43
Material fee(s):	\$34.25 + GST = \$35.96
TOTAL (including taxes):	\$274.39

NN111 Eco-Nutrition Hours: 12.0

Eco-Nutrition explores the facts about metal and other elements in food, air and water and their effect on our health. Students gain insight into both the major causes of pollution and the existing threats to both the Earth's and human immune systems. Students learn to make food choices that are wholesome and safe for everyone.

- Daytime: Mon/Wed
DATE Feb 9, 14, 16
TIME 10:00 – 2:00pm

Tuition: <i>Tuition tax receipts will be issued.</i>	\$282.00 + taxes = \$318.66
Material fee(s):	\$21.00 + GST = \$22.05
TOTAL (including taxes):	\$340.71

NN115 Introduction to the Practical Use of Herbs Hours: 14.0

This general interest course is designed to (1) introduce the therapeutic use of plant medicine; (2) discuss common local medicinal and kitchen, culinary herbs for common health issues, and how herbal medicine can be considered preventative medicine; (3) learn about harvesting, and herbal medicine-making techniques, and the importance of sustainable practices for the health of our planet; (4) explain how to prepare teas and some topical applications for common use.

- Daytime: Mon/Wed
DATE Mar 7, 9, 11
TIME 9:30 – 2:00pm

Tuition: <i>Tuition tax receipts will be issued.</i>	\$328.50 + taxes = \$371.21
Material fee(s):	\$22.00 + GST = \$23.10
TOTAL (including taxes):	\$394.31



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PAYMENT AND ACCEPTANCE – Please read the following prior to signing this contract

WITHDRAW & REFUND POLICY: If the applicant terminates registration at least 7 days prior to the course commencement date, a full refund will be issued. If registration is terminated by the applicant less than 7 days before or after the course start date, the applicant will be refunded all tuition paid less a withdrawal fee of \$50+HST. If CSNN cancels a course for any reason, all paid fees will be refunded to the applicant.

RELEASE: "I hereby release *The Canadian School of Natural Nutrition Inc.* and all branches and affiliations from all claims of damages arising from any accident or injury which is caused by or arises from participation of the applicant named herein, during any program or any facility or any location where a program is held."

CONFIDENTIALITY AND DISCLOSURE: Absolutely no part of the contents in the copyrighted publications, course material or teachers notes, may be photocopied or adapted for teaching purposes or shared with anyone not taking the CSNN course. **BREACH OF THESE RESTRICTIONS WILL RESULT IN LEGAL ACTION.**

Signature of Applicant: _____

Date: _____

Accepted by: _____

Date: _____

BRANCH TO VERIFY AND COMPLETE

Tally up the totals (including taxes) for all Tuition and Materials Fees selected above.

Tuition: <i>Tuition Tax Receipts will be issued</i>	\$
Material Fee(s):	\$
Administration Fee:	\$ 100.00 (non-refundable)
TOTAL (including taxes):	\$

Form Submissions and Inquiries: CSNN Richmond Hill

905737-0284 | richmondhill@csnn.ca

Mail payment to: 10909 Yonge Street Unit #216

Richmond Hill, ON

L4C 3E3