



Canadian School of Natural Nutrition
TEACHING THE MEDICINE OF THE FUTURE™

ONE YEAR NATURAL NUTRITION DIPLOMA PROGRAM
Monday/Wednesday Day Class –
9:30 a.m. to 1 or 2 p.m. and some double days
March 2, 2022 – April 21, 2023

Interim schedule – Vancouver Island

Course Name	Course Dates
Fundamentals of Nutrition	March 2, 7, 9, 14, 16, 28, 30 2022
Spring Break	March 21 - 26
Fundamentals of Nutrition II	28, 30 (double day), April 4, 6 (double day)
Anatomy & Physiology	April 6 (2 – 5:30), 11, 13, 20, 25, 27 May 2, 4, 9
Nutritional Symptomatology	May 11, 16, 18, 25, 30 June 1, 6, 8, 13
Nutritional Literature Research	June 15, 20
Motivational Interviewing	June 22, 27, 29
Summer Break	July 1 – September 6
Fundamentals of Business	September 7, 12, 14 (double day)
Chemistry/Epigenetics	September 14(2 – 5:30), 19, 21, 26 28, Oct. 3
Eco-Nutrition	Oct 5, 12, 17 (double day)
Body/Mind/Spirit II	Oct 17 (2 – 5:30), 19, 24, 26(double day)
Pathology & Nutrition	Oct 26(2 – 5:30), 31, Nov 2, 7, 9, 14,16, 21 (double day)
Body/Mind/Spirit – The Mind	Nov 21 (2 – 5:30), 23, 28, 30, Dec 5
Hormones	Dec 7, 12 14, 19, 21
Winter Break	December 22 – January 3, 2023
Lifecycles Pediatrics	Jan 4, 9, 11, 16 (double day) 2023
Allergies	Jan. 16 (2-5:30),18, 23, 25, 30
Lifecycles – Sports	Feb. 1, 6, 8 (double day),
Lifecycles – Perspectives in Aging	Feb 8(2-5:30) 13,15, 20
Intro to the Practical use of Herbs	Feb 20, 22, 27, March 1
Study Break – March 2 – April 15	
SPECIAL DATES	
Workshop sessions & culinary classes	See published Workshop Schedule - TBA
Body/Mind/Spirit Book Report Due	Dec 7, 2022
Final Exam / Case Study Portfolio Due	April 21, 2023(to be confirmed)

Note: CSNN reserves the right to change class schedules at any time. December 9, 2021, DB