



**Ottawa Branch 2021-2023 September Part-Time Evening Program – YEAR 2
(Tues/Thurs Evenings 6:00-9:00 p.m.)**

COURSE	DATE	COMMENTS	TEACHER
New Student Orientation	Sept 8		Natalie Rivier
Fundamentals of Nutrition (Part 1)	Sept 13, 20, 22, 27, Oct 4, 6, 13		Natalie Rivier
Fundamentals of Nutrition (Part 2)	Oct 18, 25, 27, Nov 1, 8		Nayeer Salem
Anatomy & Physiology	Nov 10, 15, 17, 22, 29, Dec 6, 13, 15, Jan 5, 10		Alla Makarova
WINTER BREAK	DEC 20, 2021 – JAN 3, 2022	WINTER BREAK	WINTER BREAK
Nutritional Symptomatology	Jan 17, 19, 24, 31, Feb 2, 7, 14, 16, 23, 28		Heather Buelckaert
Motivational Interviewing Skills	Mar 7, 9, 21, 28		Shawna McCusker
MARCH BREAK	MARCH 14-18, 2022	MARCH BREAK	MARCH BREAK
Hormone Health	Mar 30, Apr 4, 11, 13, 20, 25		Andrea Bartels
Case Study Practical #1 – “Jennifer”	May 2		Nayeer Salem
Body-Mind-Spirit: The Mind Connection	May 4, 9, 16, 18, 25, 30		Nayeer Salem
Body-Mind-Spirit: The Spirit Connection	June 6, 8, 13, 20, 22		Alla Makarova
SUMMER BREAK	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK
Pathology & Nutrition	Sept 8, 15, 20, 22, 29, Oct 6, 11, 13, 18	Combined Class	Andrea Bartels



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Case Study Practical #2 - Maggie	Oct 27	Combined Class	Natalie Rivier
Lifecycle – Sports	Nov 3, 8, 10, 17	Combined Class	Natalie Rivier
Eco Nutrition	Nov 24, Dec 1, 8, 15	Combined Class	Nayeer Salem
Final Exam Prep + Mandatory Case Study Follow Up Practical	Dec 22	Combined Class	Natalie Rivier
WINTER BREAK	Dec 23, 2022 – Jan 8, 2023	WINTER BREAK	WINTER BREAK
Allergies	Jan 12, 17, 19, 26, Feb 2	Combined Class	Andrea Bartels
Case Study Practical #3 - Andrew	Feb 7	Combined Class	Nayeer Salem
Nutritional Literature Research	Feb 9, 16, 23	Combined Class	Nayeer Salem
Introduction to the Practical Use of Herbs	Mar 2, 7, 9, 23, 28	Combined Class	Nayeer Salem
Case Study Practical #4 – Book Report	Mar 30	Combined Class	Nayeer Salem
Bio-Chemistry & Epigenetics	Apr 4, 6, 13, 18, 20, 27, May 4	Combined Class	Alla Makarova
Case Study Practical #5 - Matthew	May 11		Natalie Rivier
Lifecycle - Pediatric	May 16, 18, 25, Jun 1		Lindsay Taylor
Lifecycle - Aging	Jun 6, 8, 15		Nayeer Salem
Fundamentals of Business	Jun 22, 27, 29		Jennifer Wade



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