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| APPLICANT TO COMPLETE |
| Name: |       |
| Address: |       |
| City:  |       | Province:       | Postal Code:       |
| Telephone (H): |       | (C):       | (W):       |
| Email: |       | SIN # (if applicable\*):       |
| [ ]  *CSNN Graduate – branch:*       | [ ]  *Active CSNN Alumni Association (CSNNAA) Member\*\** |
| \*CSNN provides T2202 tax receipts for workshops that are at least 12 hours in length in a month and are provided over at least 3 consecutive weeks. Revenue Canada requires SIN number to be included on the tax receipts. For further information, contact CRA at 1-800-954-8281. CSNN will keep your SIN number private and safe. For workshops that do not qualify for T2202, an internal CSNN receipt will be given.  |
| **Check Desired Course(es):** | **NN103B Motivational Interview Skills** Hours: 10.5 | CEUs: 3.0 | Association Upgrade Hours (CAHN-Pro & CANNP): 11.5 hoursThis course introduces students to Motivational Interviewing (MI)—an approach to support clients in achieving positive behaviour change when addressing their health challenges. This course presents the background philosophy and components of Motivational Interviewing and outlines techniques to apply the principles when conducting holistic nutritional consultations. The student will be provided with resources and practice opportunities for integrating MI into the practice of holistic nutrition.

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| **Tuition:** *Tuition tax receipts will be issued.* | $246.00 + taxes = $277.98 |
| **Material fee(s):**  | $49.25 + GST = $51.70 |
| **TOTAL (including taxes):**  | $329.68 |

 [ ]  Daytime: Tues/ThursDATE Nov 10, 17, 24 2:30pm – 5:00pm Dec 1/2022 1:30pm – 4:30pm |
|  | **NN104A Hormone Health**Hours: 18.0 | CEUs: 5.5 | Association Upgrade Hours (CAHN-Pro & CANNP): 19.0 hoursThe stress of modern-day life has led to an epidemic of hormonal imbalance resulting in crash diets, sleeping pills, and anxiety medication. This course explains why it is not normal to feel fatigued, anxious, fat, and irritable, and the steps needed to reset your hormones to get back to feeling vibrant and joyful.

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| **Tuition:** *Tuition tax receipts will be issued.* | $422.00 + taxes = $476.86 |
| **Material fee(s):**  | $26.00 + GST = $27.30 |
| **TOTAL (including taxes):**  | $504.16 |

  [ ]  Daytime: Mon/WedDATE Sept. 7 10:00am – 2:00pm Sept. 12, 14, 19, 21/202210:00am – 1:30pm [ ]  Daytime: Tues/ThursDATE Dec 8 10:00am – 2:00pm Dec 13, 15/2022, Jan 3, 5/202310:00am – 1:30pm |
| **NN107A Biochemistry & Epigenetics**Hours: 21.0 | CEUs: 6.5 | Association Upgrade Hours (CAHN-Pro & CANNP): 22.0 hoursThis course helps the student to understand the chemical processes that underlie critical biological functions, starting with atomic structure, working through chemical symbols and the periodic table of the elements, and culminating in genetics and epigenetics. It explores the chemistry of living things; the metabolism of carbohydrates, lipids and proteins; and, the biochemical processes of various functions of the human body, including cellular replication, genetic pre-disposition, and the new science of epigenetics that shows how lifestyle and diet can change genetic expression.

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| **Tuition:** *Tuition tax receipts will be issued.* | $492.00 + taxes = $555.96 |
| **Material fee(s):**  | $29.50 + GST = $31.00 |
| **TOTAL (including taxes):**  | $586.96 |

  [ ]  Daytime: Mon/WedDATE Oct. 31, Nov. 2, 7, 9, 14, 16/2022TIME 10:00am – 1:30pm  |
| **NN115 Introduction to the Practical Use of Herbs**Hours: 14.0 | CEUs: 4.0 | Association Upgrade Hours (CAHN-Pro & CANNP): 15.0 hoursThis general interest course is designed to (1) introduce the therapeutic use of plant medicine; (2) discuss common local medicinal and kitchen, culinary herbs for common health issues, and how herbal medicine can be considered preventative medicine; (3) learn about harvesting, and herbal medicine-making techniques, and the importance of sustainable practices for the health of our planet; (4) explain how to prepare teas and some topical applications for common use.

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| **Tuition:** *Tuition tax receipts will be issued.* | $328.50 + taxes = $371.20 |
| **Material fee(s):**  | $22.00 + GST = $23.10 |
| **TOTAL (including taxes):**  | $394.30 |

  [ ]  Daytime: Mon/WedDATE March 6 9:30 – 2:30pmMarch 8, 10/2023 9:30 – 2:00pm   |

 \*\*Active CSNNAA members = 10% discount on tuition.

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| PAYMENT AND ACCEPTANCE – Please read the following prior to signing this contract |
| **WITHDRAW & REFUND POLICY:** If the applicant terminates registration at least 7 days prior to the workshop commencement date, a full refund will be issued. If registration is terminated by the applicant less than 7 days before or after the workshop start date, the applicant will be refunded all tuition paid less a withdrawal fee of $50+HST.If CSNN cancels a workshop for any reason, all paid fees will be refunded to the applicant.**RELEASE:** “I hereby release *The Canadian School of Natural Nutrition Inc.* and all branches and affiliations from all claims of damages arising from any accident or injury which is caused by or arises from participation of the applicant named herein, during any program or any facility or any location where a program is held."**CONFIDENTIALITY AND DISCLOSURE:** Absolutely no part of the contents in the copyrighted publications, course material or teachers notes, may be photocopied or adapted for teaching purposes or shared with anyone not taking the CSNN workshop. **BREACH OF THESE RESTRICTIONS WILL RESULT IN LEGAL ACTION.** |
| Signature of Applicant: |       | Date: |       |  |
| Accepted by: |       | Date: |       |  |
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| **Form Submissions and Inquiries: CSNN Richmond Hill** ***905 737 0284*** ***|richmondhill@csnn.ca****Mail payment to: 10909 Yonge Street, Suite 216 Richmond Hill L4C 3E3* |