

## **IMPORTANT information about which designation to use in Canada**

There are 3 designations that are exclusive to graduates of CSNN's Natural Nutrition program. They are the designations, R.H.N. , C.H.N., and C.H.N.C. For information about which designation to use and exactly how to use it, please see below. **Be vigilant that you are using the designation which respects the laws which are applicable to both where you offer your professional services and where your clients live. \***

*\*CSNN endorses that you see clients in person in order to observe their physical symptoms; however, should you choose to advise clients by phone, email, Zoom, or other electronic means, please be advised that the laws where your client lives ALSO apply. Therefore, if you are consulting someone who lives outside of your province or country – whether in person or electronically- you would additionally need to abide by the laws of that province or country, as this would constitute you practising in another province or country.*

Also, it should be noted that the program you are a student of, or graduated from is the Natural Nutrition program from the Canadian School of Natural Nutrition. Never refer to it as the R.H.N. program, or C.H.N. program. And if you have designations, diplomas, or certificates from other programs that expand your holistic nutrition scope of practice, it is important that your advertising and liability insurance reflect this.

### Clients in Alberta

Due to Alberta's Health Professions Act (HPA) it is important that graduates who practise in Alberta or who have clients in Alberta do not use the R.H.N. designation, nor refer to themselves as 'registered' or 'regulated'. Also, graduates are no longer allowed to refer to themselves as 'nutritionists', according to the current HPA Act. Using either of the words 'registered' or 'nutritionist' to describe yourself or your business could result in legal fines and penalties from the Alberta College of Dietitians. As a result, graduates practising in Alberta should only use one of the following designations after their name, and the letters should always be in capital with periods between each of the letters.

C.H.N.

C.H.N.C.

If you are using the C.H.N.C. designation, the only professional title that should be used is "*Certified Holistic Nutritional Consultant™ professional*". The designation and the professional title should never be used together, but instead the professional title should be used when describing oneself such as a "*Certified Holistic Nutritional Consultant™ professional*, I am trained to provide you with.... The designation is only used after your name.

If you are using the C.H.N. designation, you have the option to either use the professional title "*Certified Holistic Nutritional Consultant™ professional*" or "*Certified in Holistic Nutrition™*". The designation and the professional title should never be used together, but instead the professional title should be used when describing oneself for example, as a "*professional Certified in Holistic Nutrition™*", I am trained to provide you with.....The designation is only used after your name.

Clients in British Columbia, Saskatchewan, Manitoba, Ontario, Nunavut & Northwest Territories & Yukon.

If you have a practice or clients in the above-mentioned provinces and territories, as long as you don't have clients in Alberta there are no restrictions in regards to the use of designation and professional titles, so any one of the following designations may be used after your name. The letters should always be in capital with periods between each of the letters.

R.H.N.

C.H.N.

C.H.N.C.

And the following professional titles may be used.

Registered Holistic Nutritionist™

Registered Holistic Nutritional Consultant™

Certified Holistic Nutritionist™

Certified Holistic Nutritional Consultant™

Certified in Holistic Nutrition™

Again, the designation and the professional title should not be used together, but instead the professional title should be used when describing oneself such as a “*Certified Holistic Nutritionist™ professional*”, I am trained to provide you with.....or as a “*Registered Holistic Nutritionist™ professional*”, I am trained to provide you with.... or as a “*professional Certified in Holistic Nutrition™*”, I am trained to provide you with..... The designation is only used after your name.

Clients in New Brunswick, Nova Scotia, Newfoundland & Labrador

If you have a practice or clients in the above-mentioned provinces, as long as you don't have clients in Alberta, you may use one of the following designations after your name.

R.H.N.

C.H.N.

C.H.N.C.

In regards to professional titles, graduates who practise in these Atlantic provinces, should not refer to themselves as ‘nutritionists’. They should either call themselves a “*Registered Holistic Nutritional Consultant™ professional*”, a “*Certified Holistic Nutritional Consultant™ professional*”, or a “*professional Certified in Holistic Nutrition™*” and again the designation and the professional title should not be used together, but instead the professional title should be used when describing oneself such as a “*Certified Holistic Nutritional Consultant™ professional*”, I am trained to provide you with....’. or as a “*Registered Holistic Nutritional Consultant™ professional*”, I am trained to provide you with.... or as a “*professional Certified in Holistic Nutrition™*”, I am trained to provide you with..... The designation is only used after your name.

#### Clients in Quebec and PEI

If you have a practice or clients in Quebec and/or PEI, as long as you don't have clients in Alberta, you may use one of the following designations after your name.

R.H.N.

C.H.N.

C.H.N.C.

However, since the Health Profession Acts in these provinces do not allow any derivative of the word 'nutrition' to be used by any practitioner other than a registered dietitian, those with clients in these provinces are recommended to refer to themselves as a Holistic Wellness Practitioner.